

BPCE

**BACHELOR'S DEGREE PROGRAMME
(BDP)**

PSYCHOLOGY

**B.A. IIIrd Year
(For July 2023 and January 2024)**



**Faculty of Psychology
School of Social Sciences
Indira Gandhi National Open University
Maidan Garhi, New Delhi-110068**

BACHELOR'S DEGREE PROGRAMME (BDP)
B.A. IIIrd Year
Tutor Marked Assignment
2023-24

Dear Learner,

You have to complete one Tutor Marked Assignment (TMA) for each of the courses in the Bachelor's Degree Programme in Psychology. Each assignment has 18 questions which have to be answered.

Before you attempt the assignments, please read the instructions carefully provided in the Programme Guide. It is important that you write the answers to all the TMA questions in your own words. Your answers should be within the approximate range of the word-limit set for a particular section. Remember, writing answers to assignment questions will improve and sharpen your understanding of the concept.

Submission

You need to submit all the assignments within the stipulated time for being eligible to appear in the term-end examination. The completed assignments should be submitted as per the following schedule.

Session	Last Date of Submission	To be Sent
For July, 2023 Session	31st March, 2024	To The Coordinator of the Study Centre allotted to you (Please check the updates from www.ignou.ac.in)
For January, 2024 Session	30th September, 2024 (Please check the dates from www.ignou.ac.in)	

Please obtain a receipt from the study centre for the assignments submitted and retain it. Also keep a photocopy of the assignments with you. The Study Centre will return the assignments to you after they are evaluated. The completed assignment should be sent to the Coordinator / Programme In-charge of the Study Centre/ Programme Study Centre allotted to you. Under any circumstances do not send the tutor marked response sheets to the Student Evaluation Division at Head Quarters for evaluation.

INSTRUCTIONS

Following instructions are to be carefully followed before writing the assignments:

1. Provide information about your Enrolment Number, Name, Full Address, Signature and Date on title page of your assignment. Also provide details about the Programme Title, Course Code, Course Title, Assignment Code and Name of your Study Centre on the title page. Course Code and Assignment Code will be given in the assignment.

The title page may look like this

Enrolment No
Name
Address
Signature
Date
Programme Title
Course Code & Title
Assignment Code
Programme Study Centre/Study Centre

All Tutor Marked Assignments are to be submitted at the study centre assigned to you.

2. Read the assignments carefully and follow the instructions if any given on the assignment.
3. We expect you to answer each question as per guidelines mentioned in the assignment. You will find it useful to keep the following points in mind:
 - 1) **Planning:** Read the assignments carefully. Go through the units on which they are based. Make some points regarding each question and then re-arrange these in a logical order.
 - 2) **Organisation:** Be a little more selective and analytical before drawing up a rough outline of your answer. Give adequate attention to your introduction and conclusion. Make sure that your answer:
 - a) is logical and coherent;
 - b) has clear connections between sentences and paragraphs;
 - c) is written correctly giving adequate consideration to your expression, style and presentation

- 3) Presentation:** Once you are satisfied with your answers, you can write down the final version for submission, writing each answer neatly and underlining the points you wish to emphasize. Make sure that the answer is within the stipulated word limit.
4. Use A4 size ruled paper for your response and tie all the pages carefully. Allow a 4 cm margin on the left and leave some space between each answer. This will facilitate the evaluator to write useful comments in the margin at appropriate places.
 5. ***Write the responses in your own hand.*** Do not print or type the answers. Do not copy your answers from the Units/Blocks sent to you by the University. If you copy, you will get zero marks for the respective question.
 6. Do not copy from the response sheets of other students. If copying is noticed, the assignments of such students will be rejected.
 7. Write each assignment separately. All the assignments should not be written in continuity. For each Course use separate sheets or start on the next sheet.
 8. Write the question number with each answer.
 9. After submitting the assignment at the Study Centre / Programme Study Centre get the acknowledgement from the Coordinator / Programme In-charge.
 10. In case you have requested for a change of Study Centre, you should submit your Tutor Marked Assignments only to the original Study Centre until the change of Study Centre is notified by the University.
 11. If you find that there is any factual error in evaluation of your assignments e.g. any portion of assignment response has not been evaluated or total of score recorded on assignment response is incorrect, you should approach the coordinator of your study center for correction and transmission of correct score to headquarters.

Please ensure the following before submitting your assignment response:

1. Your enrolment number, name and address have been written correctly.
2. The title of the course and assignment number has been written clearly.
3. Each assignment on each course has been written on separate sheets and pinned properly.
4. All the questions in the assignments have been answered.

WISH YOU ALL THE BEST
DISCIPLINE OF PSYCHOLOGY
SOSS, IGNOU, NEW DELHI

**SCHOOL PSYCHOLOGY (BPCE-011)
TUTOR MARKED ASSIGNMENT (TMA)**

**Course Code: BPCE-011
Assignment Code: BPCE-011/ASST/TMA/ 2023-24
Marks: 100**

NOTE: All questions are compulsory.

SECTION – A

Answer the following questions in 1000 words each.

3 x 15 = 45 Marks

1. Delineate the criteria and types of behaviour problems.
2. Discuss the theoretical viewpoints defining narrative therapy.
3. Discuss the need of school psychology in India.

SECTION – B

Answer the following questions in 400 words each.

5 x 5 = 25 Marks

4. Discuss the advantages and application of art therapy.
5. Delineate the types and causal factors for learning disability.
6. Explain the various forces influencing human development.
7. Elucidate the school psychology services provided by the psychologist.
8. Describe client-centered counselling used for children.

SECTION – C

Answer the following questions in 50 words each.

10 x 3 = 30 Marks

9. Assumptions of solution focused therapy
10. Socially disadvantaged child
11. Rehabilitation and management of intellectual disability
12. Behavioural interviewing
13. Longitudinal method
14. Developmental psychopathology
15. Family therapy
16. Behaviour analysis
17. Connor's Rating Scale
18. Arrested development

**MOTIVATION AND EMOTION (BPCE-013)
TUTOR MARKED ASSIGNMENT (TMA)**

**Course Code: BPCE-013
Assignment Code: BPCE-013/ASST/TMA/2023-24
Marks: 100**

NOTE: All questions are compulsory.

SECTION A

Answer the following question in about 1000 words each: 15x3=45 Marks

1. Discuss the different theories and models of need.
2. Discuss the concept and stages of General Adaptation Syndrome.
3. Discuss in detail about basic and derivative emotions.

SECTION B

Answer the following questions in about 400 words each: 5x5=25 Marks

4. Explain drive reduction theory.
5. Elucidate the signs of affection.
6. Define arousal. Explain the characteristics of arousal
7. Discuss defense mechanism as the psychological reaction to stress.
8. Explain the general characteristics of emotions.

SECTION C

Answer the following in about 50 words each: 10x3=30 Marks

9. Intrinsic motivation
10. Emotion and affect
11. Physical symptoms of Anxiety
12. Types of stress
13. Progressive muscle relaxation
14. Types of motivation
15. Motivation process
16. Pituitary gland
17. Arousal and performance
18. Cognitive behaviour therapy

**PSYCHOPATHOLOGY (BPCE-014)
TUTOR MARKED ASSIGNMENT (TMA)**

**Course Code: BPCE-014
Assignment Code: BPCE-014/ASST/TMA/2023-24
Marks: 100**

NOTE: All questions are compulsory.

SECTION – A

Answer the following questions in 1000 words each.

3 x 15 = 45 Marks

1. Discuss the types of eating disorders and their causes.
2. Explain the symptoms, causes and treatment for bipolar disorder I and bipolar disorder II.
3. Explain various psychological factors in the causation of psychopathology.

SECTION – B

Answer the following questions in 400 words each.

5 x 5 = 25 Marks

4. Describe the format and types of clinical interview.
5. Explain the concept of abnormality.
6. Explain the symptoms of schizophrenia.
7. Discuss the etiology of childhood depression.
8. Explain the types of dissociative disorders.

SECTION – C

Answer the following questions in 50 words each.

10 x 3 = 30 Marks

9. Intelligence tests
10. Diathesis-stress model
11. Purpose of classification in psychopathology
12. Adaptive functioning
13. Exhibitionism
14. Body dysmorphic disorder
15. Pain disorder
16. Cognitive restructuring
17. Dependent personality disorder
18. Paranoid schizophrenia

**INDUSTRIAL AND ORGANISATIONAL PSYCHOLOGY (BPCE- 015)
TUTOR MARKED ASSIGNMENT (TMA)**

**Course Code: BPCE-015
Assignment Code: BPCE-015/ASST/TMA/2023-24
Marks: 100**

NOTE: All questions are compulsory

SECTION A

Answer the following question in about 1000 words each. 15x3=45 Marks

1. Elaborate upon the organisational applications of behaviour modifications. Explain the steps involved in behavioural management.
2. Discuss the major fields of Industrial and Organisational (I/O) psychology. Explain the various methods of research used in I/O psychology.
3. Discuss the process consultation as a group level intervention for the development of organisations.

SECTION B

Answer the following questions in about 400 words each. 5x5=25 Marks

4. Discuss the causal factors of stress at organisational level.
5. Explain the content theories of motivation.
6. Discuss the contribution of the studies with reference to Human Relations movement.
7. Discuss the impact of job satisfaction on work outcomes.
8. Discuss the various component criterion of performance appraisal system.

SECTION C

Answer the following in about 50 words each. 10x3=30 Marks

9. Work place behaviour
10. Accident proneness
11. Job redesign
12. Intervention strategies
13. Individual difference
14. Human Resource Development
15. Stress
16. Purpose of psychological test
17. Workforce diversity
18. Total Quality Management

**INTRODUCTION TO COUNSELLING PSYCHOLOGY (BPCE-017)
TUTOR MARKED ASSIGNMENT (TMA)**

**Course Code: BPCE-017
Assignment Code: BPCE-017/ASST/TMA/2023-24
Marks: 100**

NOTE: All questions are compulsory.

SECTION – A

Answer the following questions in 1000 words each. 3 x 15 = 45 Marks

1. Explain the structure of personality according to Freud. Explain the ego defense mechanisms.
2. Discuss the assessment and intervention techniques in couple counseling.
3. Explain the behavior theory of counseling.

SECTION – B

Answer the following questions in 400 words each. 5 x 5 = 25 Marks

4. Discuss counseling in the Indian context.
5. Explain the importance of verbal and non-verbal communication skills for effective counseling.
6. Explain confidentiality in counseling process.
7. Explain self-concept and discuss its role in maladjustment.
8. Discuss counseling in elementary school.

SECTION – C

Answer the following questions in 50 words each. 10 x 3 = 30 Marks

9. Conduct of a counseling session
10. Congruence
11. Unconditional positive regard
12. The Latency stage
13. Psychological issues in HIV/AIDS counselling
14. Goals of family counseling
15. The family floor plan
16. Family choreography
17. Choice questions
18. Cognitive rehearsal

**NEUROPSYCHOLOGY (BPCE-018)
TUTOR MARKED ASSIGNMENT (TMA)**

**Course Code: BPCE-018
Assignment Code: BPCE-018/AST/TMA/2023-2024
Marks: 100**

NOTE: All questions are compulsory.

SECTION A

Answer the following question in about 1000 words each 15x3=45 Marks

1. What is neuropsychology? Describe various cognitive domains that are covered by neuropsychological functioning.
2. Describe any three techniques of measuring brain structure and functions.
3. Describe consciousness with a focus on its types and functions. Explain the neurobiology and neuropsychology of consciousness.

SECTION B

Answer the following questions in about 400 words (wherever applicable) each 5x5=25 Marks

4. Describe the general principles in assessment of neurological assessment of older children.
5. Explain the NIMHANS Neuropsychological battery.
6. Explain various techniques that can be used in cognitive retraining of various brain functions.
7. Explain the effect of damage to parietal lobe.
8. Describe the disorders of motor neurons and the spinal cord.

SECTION C

Answer the following in about 50 words each 10x3=30 Marks

9. Behavioural neurology
10. Phrenology
11. Goals of neuropsychological assessment
12. Assessment of anterograde amnesia
13. The Luria- Nebraska Neuropsychological Battery
14. PACE (Promoting Aphasics Communicative Effectiveness) Therapy
15. Behavioural genetics
16. The brain stem
17. The hindbrain
18. Different types of neurons

**ENVIRONMENTAL PSYCHOLOGY (BPCE-019)
TUTOR MARKED ASSIGNMENT (TMA)**

**Course Code: BPCE-019
Assignment Code: BPCE-019/ASST/TMA/ 2023- 2024
Marks: 100**

NOTE: All questions are compulsory.

SECTION – A

Answer the following questions in 1000 words each. 3 x 15 = 45 Marks

1. Define environmental psychology. Describe human-environment relationship.
2. Delineate the characteristics of environmental preference and environmental situation.
3. Discuss the design variables relevant for a health care setting.

SECTION – B

Answer the following questions in 400 words each. 5 x 5 = 25 Marks

4. Explain the concept of place memory. Discuss the predictors of place memory.
5. Discuss the relationship between interpersonal space and problem behaviours.
6. Discuss the impact of environment on workplace.
7. Elucidate the functions and importance of urban public space.
8. Delineate the factors that contribute to environmental preferences.

SECTION – C

Answer the following questions in 50 words each. 10 x 3 = 30 Marks

9. Relationship between environmental psychology and community psychology
10. Quality of life and place attachment
11. Proxemics
12. Healthy residential environment
13. Colour and student's mood perception
14. Crowding and health hazards
15. Role of genes and evolution in territoriality
16. Egoistic and biospheric attitudes
17. Privacy and place
18. Human relationship with toxic waste and pollution

**FORENSIC PSYCHOLOGY (BPCE-021)
TUTOR MARKED ASSIGNMENT (TMA)**

**Course Code: BPCE-021
Assignment Code: BPCE-021/AST/TMA/2023-24
Marks: 100**

NOTE: All questions are compulsory.

SECTION A

Answer the following question in about 1000 words each 15x3=45 Marks

1. Differentiate between forensic and therapeutic evaluation. Describe various functions of a forensic psychologist.
2. Define crime. Describe the schools of thoughts of criminology.
3. Describe personality testing in forensic psychology.

SECTION B

Answer the following questions in about 400 words each 5x5=25 Marks

4. Highlight the key persons in the history of forensic psychology.
4. Explain the relationship between developmental psychology and forensic psychology.
5. Define and explain an offender/ criminal .
6. Describe the crimes committed by adult offenders.
7. Describe the tools and methods used by forensic psychologists in India.
8. Describe the intervention strategies for offenders.

SECTION C

Answer the following in about 50 words each 10x3=30 Marks

9. Police psychology
10. Social disorganistaion
11. The Indian Penal Code
12. Sutherland's Differential Association Theory
13. Legal use of term insanity
14. Civil cases and criminal cases
15. Concept of malingering
16. Meaning of cruelty
17. Goals and objectives of policing
18. Juvenile delinquency